

WHAT IS Hospice Calgary?

For more than 30 years, Hospice Calgary has been providing compassionate care, education and hope to thousands of men, women and children who are living with terminal illness or grieving the loss of a family member or friend.

HOW DOES THE HIKE help Hospice Calgary?

The hike will raise funds and awareness for the programs and services Hospice Calgary provides to thousands of people each year.

Hitch a ride!



Or join a team!



Or walk in memory of someone you love.

HIKE FOR HOSPICE CALGARY

5K WALK or
New 10K FUN RUN!
FISH CREEK PARK

Sunday,
May 2, 2010

Our mission is to help families and individuals achieve support, hope and well-being through compassionate end-of-life and bereavement care.

REGISTRATION ONLY
\$5 PER PERSON!
Register on-line at
www.hikeforhospice.com

EVENT DAY DETAILS

Location:
Fish Creek Provincial Park
Glennfield – Area A – East
(Map and Directions enclosed)

Check-In: 9:45 a.m.

Start Time: 10:30 a.m.

Course: Flat and accessible

Parking: Free

Pets: Welcome, leashed please!



Lots of family fun including:

- ❖ Football Toss
- ❖ Face Painting
- ❖ Refreshments
- ❖ Prizes
- ❖ And more!

YOUR EFFORTS WILL BE REWARDED!

TOP TEAMS

CORPORATE TEAM CHALLENGE:
The Corporate Team that submits the most donations on or before Friday, April 30th will win the *Team Spirit Award and bragging rights for a year!*

FRIENDS AND FAMILY TEAM CHALLENGE: The Friends and Family Team that submits the most donations on or before Friday, April 30th will win the *Heart & Soul Award (with the right to brag included).*

TOP INDIVIDUAL FUNDRAISER

The top *individual fundraiser* wins a \$150 gift certificate for the Redwater Grill, courtesy of last year's top individual fundraiser, Mark Hutchison!

ATTENTION: EARLY BIRDS!

Register before 10 a.m. on Thursday, April 1, 2010 and your name goes into a prize draw, courtesy of the Calgary Stampeders Football Club, for two tickets to the CFL pre-season game featuring the Calgary Stampeders hosting the Saskatchewan Roughriders on Sunday, June 20th! (Father's Day)

